

Georgia Beef

Let's MEAT the Standards

The CALF-eteria

It's not just an UDDER day in the cafeteria. Celebrate Georgia Beef by offering items such as hamburgers, tacos and/or pizza with beef crumbles.

Have students help decorate by making hamburger sandwich collages.

Materials used can include food themed items such as paper plates.

STEER Science

Explore the impact of cows and the environment.
Discuss how cows eat grass.

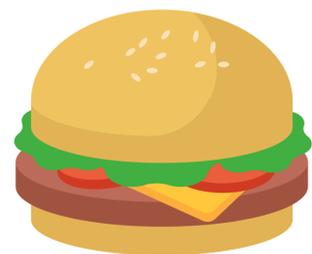
Also, cattle eat leftovers of all types of food production such as fruit pits, potato peels, almond hulls and sugar beet pulp.

This helps reduce landfill waste while making high quality protein.

Georgia Standard S3L2 (Science; Third Grade)

Get MOO-ving

Have you HERD about these fun activities from www.myamericanfarm.org?



Herding Cattle

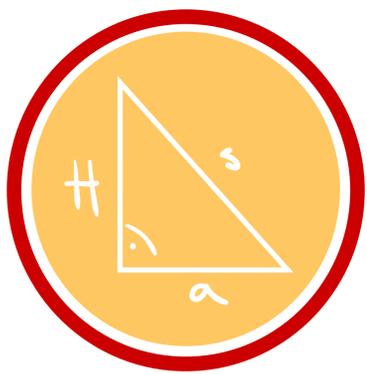
Set up four cones that represent a holding pen for cattle. Explain that ranchers sometimes need to move their cattle from rangeland (large open spaces) to smaller pens. They move their cattle by herding them, often on horses or with dogs.

Choose two students to be herders. The rest of the students will be cattle. The goal of the game is for the herders to move all the cattle into the holding pen. Share with the students that ranchers work hard to keep animals calm and safe; student "herders" must do the same. The cattle move away from the herder, never towards them. You can have the students acting as cattle walk or crawl on their hands and knees. Once an animal is in the holding pen, he or she stay there until the next round. You can play multiple rounds where there are more herders.

Herd Tag

Herd tag is a variation of the game Amoeba Tag.

Two people start as "it". They hold hands or link arms and chase people. They are the cow herd and the rest of the people are cows that are not part of the herd. Any person they catch joins the chain by linking hands or arms. When another person is caught they can stay together or split two and two, but they must split into even numbers. They can re-link together at will. This game is played until no one is left.



COW-culations

Use math skills to determine the right pasture for each herd of cattle with this resource from *My American Farm* <http://bit.ly/2SBaIQX>

Q: How does a cow do math?

A: A COW-culator!

Q: What's a cow's favorite subject?

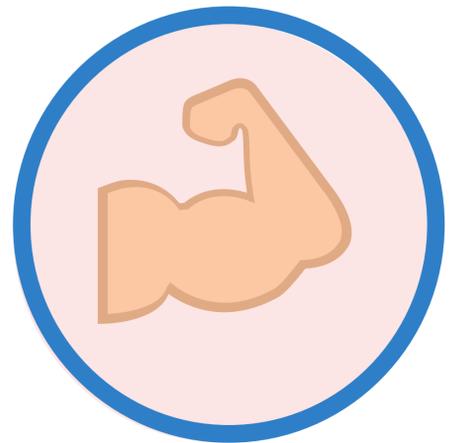
A: COW-culus

BEEF up your Nutrition Knowledge

ZIP It

Beef provides ZIP: zinc, iron, and protein.

- ✦ Zinc helps maintain a healthy immune system.
- ✦ Iron helps your body use oxygen.
- ✦ Protein helps reserve and build muscle.



Q: What would you hear at a cow concert?

A: MOOsic!

Art WELL DONE

Have students create cows using various mediums (draw, paint, origami, papier mache, etc.). Explain how ear tags are used to identify specific animals. They can use a combination of letters and numbers. Obtain a picture of an ear tag and show students. Have students design one and attach it to their cow.

Have students create a MOO-vie. Topics can include filming a cooking demonstration using beef, commercial for hamburgers, etc.



Q: What do cows read at the breakfast table?

A: The MOOspaper!

HERD that's a Great Book

Explore resources from the Georgia Beef Board (<https://www.georgiabeef.org/>) such as the *The Georgia Beef Story Coloring Book* (<http://bit.ly/2DXPxjY>) and *Can-Do Cowkids* by Amanda Radke.

Have students make hamburger cards and write on each layer of the sandwich (i.e. bun, lettuce, tomato, cheese, burger, bun). Consider having students write a poem about each item (i.e. Lettuce, Lettuce Crunch Crunch Crunch People and Rabbits Love to Munch).

Georgia Standards VAK.CR.2 (Kindergarten); VA1.CR.2 (First Grade); VA2.CR.2 (Second Grade); VA3.CR.2 (Third Grade); VA4.CR.2 (Fourth Grade); VA5.CR.2 (Fifth Grade)



www.gasnp.org
This institution is an equal opportunity provider.



*The Georgia Department of Education (GaDOE) cannot and does not endorse or promote any commercial products, including books. Teachers and school leaders should check with their local district policy when selecting books to support instruction in determining age and content appropriateness for their students.